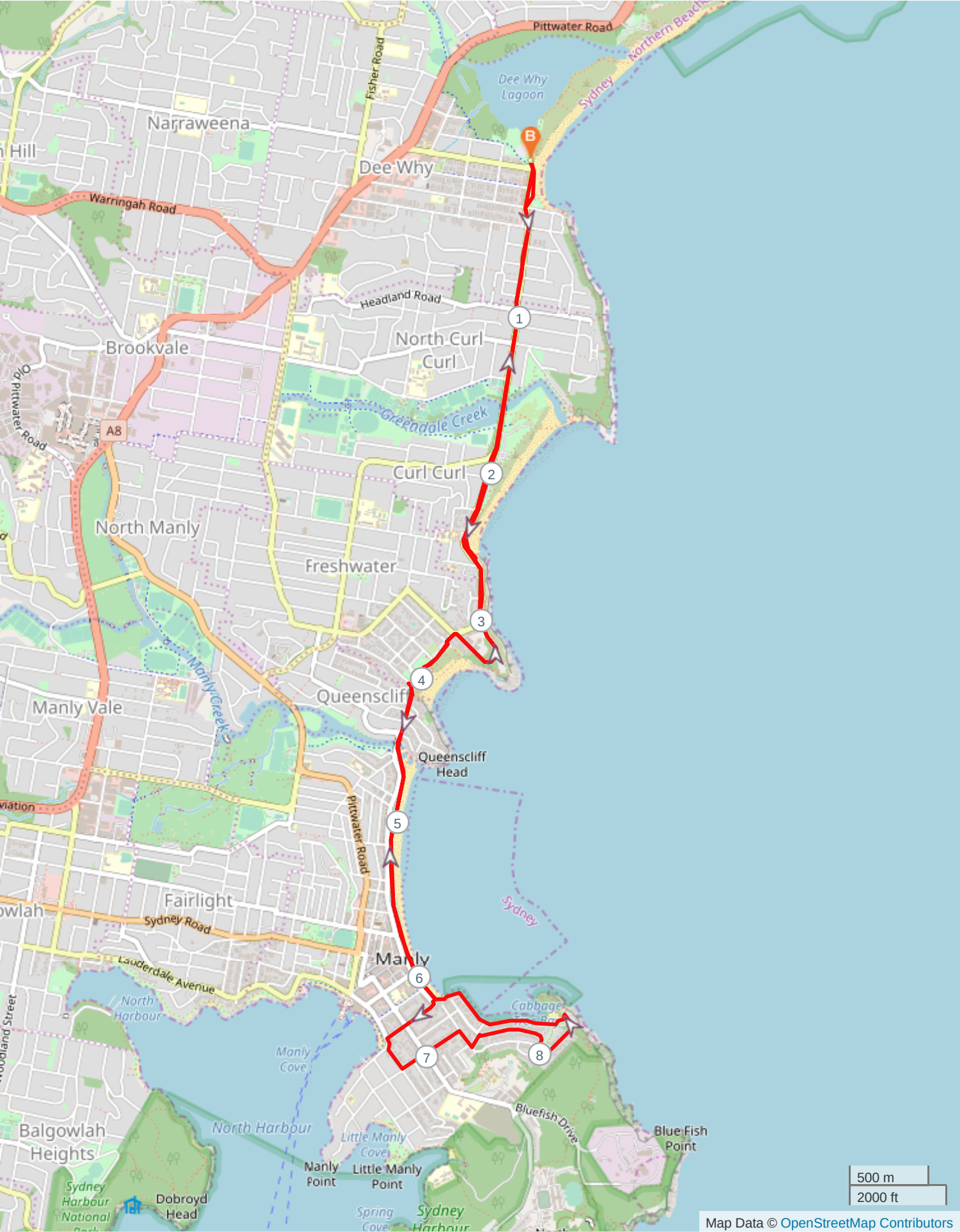


SS Dee Why Dash 15km



ROUTE DIRECTIONS

No	Km	Turn	Directions
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No	Km	Turn	Directions
1	0.000		Start by running with Dee Why Beach to your left, continue onto Griffin Road
2	2.995	←	Turn left onto Lumsdaine Drive which becomes Evans Street
3	3.598	←	Turn left down the stairs onto the path
4	3.691	←	Turn left onto Ocean View Road then right across car park towards Freshwater Beach behind surf club
5	4.062	→	At the end of the park turn right up the pathway
6	4.088	↙	Turn sharp left onto Undercliff Road follow path onto Bridge Road continue to Queenscliff Beach then South Steyne Beach, Manly Surf Club
7	6.186	↗	Turn right onto Ashburner Street
8	6.601	←	Turn left onto East Esplanade then keep left onto Osborne Road
9	6.825	←	Turn left onto Addison Road
10	7.263	→	Turn right onto Reddall Street
11	7.402	↙	Turn left onto College Street then right onto Bower Street
12	8.406	↙	Turn left continue to Shelly Beach then onto Marine Parade towards Manly Surf Club
13	11.946	↗	Turn right onto Evans Street becomes Lumsdaine Drive
14	12.558	↙	Turn right onto Carrington Parade continue onto Griffin Road to Dee Why Surf Club
15	15.581		FINISH